

Beautiful Feet

The topic A firm stand and consistent walk, two characteristics of committed disciples

The object Take pictures of the bare feet of students in your youth group. For fun, also throw in a few gag pictures, such as animal feet, baby feet, big clown's shoes, two feet side-by-side but facing in opposite directions. Make the pictures into enlargements, slides, overhead transparencies, or computer-generated images so the pictures are large enough for the group to view at the same time. These will be your beautiful feet pageant.

The lesson Show the pictures and let your students guess whose feet are whose or vote for the most beautiful feet.

The Scripture speaks over and over about feet. In fact, it

talks almost as much about our feet as it does our hearts and our eyes. That's because the feet tell us two very important facts about someone: where



she's standing and which way she's going. A firm stand and a consistent walk in the direction of obedience are two key characteristics of a committed disciple of Jesus.

The Word Isaiah 52:7; Psalm 40:1-2; 56:13
See also Psalm 119:101-105; Hebrews 12:12-13

Discussion starters

- 1.** We read in these passages about two grave dangers for feet: slipping and stumbling. What are some of the slippery spots around your school? What are some of the reasons a teenage Christian might stumble?
- 2.** What are some of the practical steps you as a believer can take to strengthen your stand and straighten your walk?
- 3. Taking a strong stand isn't always easy. If someone in your school were to try to have "beautiful feet,"** what are some reasons she might have to step on some toes?

Life changers

- 1.** Write yourself a *foot-note*, a short letter to yourself about some slippery spots and uneven places that you need to watch out for.